



Afton Elementary Newsletter

October 2023

Halloween

Once again we will be having a virtual costume parade for Halloween. It will be on Tuesday, Oct. 31. The parade will start at 8:15 am.

Students should arrive at school dressed in their costumes and ready to parade. We are asking that students do not wear masks or have weapons as part of their costumes. Parents and others may view the parade live on Afton Elementary Facebook page or later on YouTube.



Learning Update

Kindergarten -

"Our favorite color is October!" -Unknown

In ELA, we have almost made it through all 26 Letters. As we wrap it up, we will loop back and work on learning the correct way to write letters. The sequence is based on letter strokes, so it will not be in alphabetic order. We have begun Heggerty, which focuses on building our Kindergarteners phonemic awareness through auditory-based activities. We will continue to work on name writing, focusing on appropriate use of uppercase and lowercase letters in our names. We are becoming amazing illustrators and are working on becoming exquisite story tellers.

In Math, we will continue to work on number writing working up through 10. We will practice counting and comparing objects, making numbered sets, presenting numbers in different ways, and playing number games.

1st Grade - First Graders have been working hard this first month of school! We will continue to write small moment stories in our Narrative Writing Unit. We are working on handwriting and foundational writing skills to bring our stories to life. We are developing good reading habits, such as setting goals, smoothing out our voice, and reading more and more. We love "shopping" for new books. In Math we have been practicing number bonds and making ten. First graders will start adding numbers within 10 and learning new strategies to become fluent with math facts. We had fun on our walking field trip to Broulims. We had our first First Grade Celebration where we recognized Our Shining Stars! We are looking forward to all the fun, and new things coming in October!

Coming Events

- Oct. 6...No School
- Oct. 9...Columbus Day
- Oct. 10...PTO Meeting 8 AM
- Oct. 10...Community Parent night with Dr. Desautels
- Oct. 11...School Picture Day
- Oct. 13...No School
- Oct. 16...No School
- Oct. 19...Great Wy Shakeout Day earthquake drill
- Oct. 20...Fire Safety Day
- Oct. 27...No School
- Oct. 31...Halloween

2nd Grade - This month has been filled with fun and learning in Second grade. We have created our Galaxy T-shirts and plan to wear them every Friday we have school. We had lots of parent volunteers for this project and the shirts turned out great. We enjoyed the author Mac Barnett who visited our school in September, Since his visit, we have read his books and have been writing our own!

We have had visits from the Search and Rescue as well as the EMT's. They told us about their jobs and gave us some important safety tips to remember to keep us safe.

We also had the FFA and Kaylene Niell come and teach us about all things dairy and ranch.

Thank you for your time. We learned a lot during each of these presentations.

October is sure to be filled with lots of Spooky fun!

3rd Grade - Third grade has settled into a nice routine. We can't believe September is already over. We are working hard on memorizing our skip counting and multiplication facts. Do you know a 3rd grade student? See if they can skip count by 3s or 4s. We think they'll be able to do it! We just finished our narrative writing unit. We learned to include descriptions, feelings, and dialogue. We have also worked on making a good lead and conclusion. During reading time, we are learning so many cool skills to help us become better readers. One of those things is to stop and take time to notice and question things in our books. We celebrated achieving our reading goals with an outside party! Keep reading at home!

COMMUNITY NIGHT WITH DR. DESAUTELS



COME AND JOIN US!
OCTOBER 10TH 6:00PM - 7:30PM
AFTON ELEMENTARY

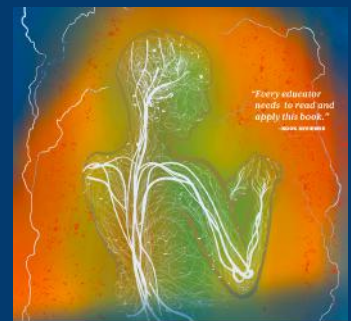
BABYSITTING AND SNACKS WILL BE PROVIDED

CONTACT CHEYANNE WOLFLEY TO RESERVE YOUR SPOT:
(307) 885-7112
CHEYANNE.WOLFLEY@LCSD2.ORG



DISCUSSION TOPICS

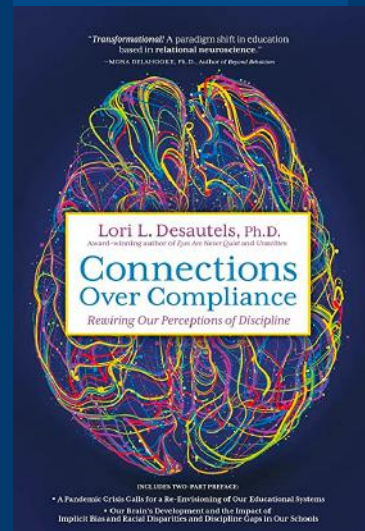
- Plasticity of the brain and nervous system.
- How adversity and trauma impact a student's developing nervous system to affect behaviors.
- Provide tools to support behavior at home and at school.



Lori L. Desautels, Ph.D.
Author of Unwritten, Eyes Are Never Quiet and Connections Over Compliance

Intentional Neuroplasticity

Moving Our **NERVOUS SYSTEMS** and **EDUCATIONAL SYSTEM** Toward **POST-TRAUMATIC GROWTH**



"Transformational! A paradigm shift in education based in relational neuroscience."
—WENDY PATTERSON, Ph.D., author of *Strong Women*

Lori L. Desautels, Ph.D.
Award-winning author of Unwritten, Eyes Are Never Quiet and Connections Over Compliance

Connections Over Compliance

Reshaping Our Perceptions of Discipline


INCLUDES TWO PART PRESENCE:

- A Paradigmatic Crisis Calls for a Re-Envisioning of Our Educational Systems
- Our Brain's Development and the Impact of Implicit Bias and Racial Disparities and Discipline Gaps in Our Schools

October 2023

Breakfast

Afton, Etna, Osmond, Thayne

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ham & Egg Bagel -or- Cocoa Cherry Bar Strawberry Banana Yogurt --Served With-- Watermelon Craisins Applesauce Cup	3 Pumpkin Bread -or- Matey's Cereal String Cheese --Served With-- Cherry Mixed Fruit Cup Apple Juice	4 Yogurt Parfait -or- Campfire Smore's Bar Strawberry Banana Yogurt --Served With-- Zee Zee Dried Fruit Diced Peach Cup	5 French Toast Sticks -or- Cinnamon Toaster Cereal String Cheese --Served With-- Mandarin Orange Cup Fruit Blend Juice	6
9 Breakfast Pizza -or- Cocoa Cherry Bar Strawberry Banana Yogurt --Served With-- Watermelon Craisins Diced Pear Cup	10 Vanilla Waffle -or- Matey's Cereal String Cheese --Served With-- Applesauce Cup Orange Juice	11 Biscuit and Gravy -or- Campfire Smore's Bar Strawberry Banana Yogurt --Served With-- Zee Zee Dried Fruit Fresh Orange	12 Donut Holes -or- Cinnamon Toaster Cereal String Cheese --Served With-- Pineapple Tidbits Cup Apple Juice	13
16 No School! 	17 Breakfast Burrito -or- Campfire Smore's Bar Strawberry Banana Yogurt --Served With-- Watermelon Craisins Applesauce Cup	18 Mini Ginnis -or- Matey's Cereal String Cheese --Served With-- Cherry Mixed Fruit Cup Orange Juice	19 Choco Chip Muffin -or- Cocoa Cherry Bar Strawberry Banana Yogurt --Served With-- Zee Zee Dried Fruit Diced Peach Cup	20 Pancake on a Stick -or- Cinnamon Toaster Cereal String Cheese --Served With-- Mandarin Orange Cup Fruit Blend Juice
23 Apple Frudel -or- Cocoa Cherry Bar Strawberry Banana Yogurt --Served With-- Watermelon Craisins Pineapple Tidbits Cup	24 Egg & Cheese Muffin -or- Matey's Cereal String Cheese --Served With-- Applesauce Cup Orange Juice	25 Mini Strawberry Bagel -or- Campfire Smore's Bar Strawberry Banana Yogurt --Served With-- Zee Zee Dried Fruit Mandarin Orange Cup	26 Yogurt Parfait -or- Cinnamon Toaster Cereal String Cheese --Served With-- Diced Peach Cup Apple Juice	27
30 Banana Bread -or- Campfire Smore's Bar Strawberry Banana Yogurt --Served With-- Diced Pear Cup Watermelon Craisins	31 Ham, Egg, & Cheese Quesadilla -or- Matey's Cereal String Cheese --Served With-- Tropical Fruit Cup Orange Juice	<p><i>This institution is an equal opportunity provider</i></p> <p>Mobile App! View Menu and Nutrition Information right from your phone or ipad.</p> <p>Milk Variety Served Daily: View Milk Nutritionals</p>		



Menus are subject to change without notice




October 2023

Afton and Thayne Lunch

Milk Variety Served Daily:
View Milk Nutritionals



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

2	Golden Crispy Chicken Fillet Hamburger Bun Fruit Cocktail California Blend Veggies Cucumbers	3	Spaghetti Sauce w/Meat Spaghetti Pasta Warm Breadstick Diced Peaches Baby Carrots Green Peas	4	Oven Baked Cheese Tomato Soup Cherry Lemon Sidekick Fresh Broccoli Fresh Cauliflower	5	Nacho Meat Nacho Cheese Sauce Tortilla Chips Fresh Strawberries Refried Beans Romaine/Green Leaf Salad Grape Tomatoes	6	
9	Beef Patty Hamburger Bun Fresh Orange Seasoned Waffle Fries Fresh Cauliflower Lettuce	10	Boneless Chicken Wings Mac & Cheese Watermelon Romaine/Green Leaf Salad Grape Tomatoes	11	BBQ Chicken Teriyaki Brown Rice Warm Roll Golden Delicious Apple Fresh Broccoli Baby Carrots	12	Street Carnitas Pork Taco Mandarin Oranges Sweet Corn Cucumbers Black Beans	13	NATIONAL SCHOOL LUNCH WEEK
16		17	Breaded Pork Steak Warm Roll Diced Peaches Mashed Potatoes Country Gravy Celery Sticks	18	Sloppy Joe Hamburger Bun Pineapple Tidbits Green Beans Baby Carrots	19	Homemade Chicken Noodle Soup Shredded Cheese Warm Breadstick Diced Peas Fresh Cauliflower Red Pepper Strips	20	Pepperoni Ripper Red Grapes Romaine/Green Leaf Salad Grape Tomatoes Cucumbers Black Beans Jerl's Chocolate Cake
23	Egg Patty Sausage Patty Cinnamon Glaze French Toast Fresh Orange Power Punch Juice Hash Brown Patties	24	Beefy Rotini Bake Warm Breadstick Diced Peas Fresh Cauliflower Baby Carrots	25	Baked Chicken Chimi Strawberry Cup Sweet Corn Fresh Broccoli Black Beans	26	Four Cheese Pizza Watermelon Romaine/Green Leaf Salad Grape Tomatoes Cucumbers Chocolate Chip Cookie	27	
30	Pepperoni Pizza Diced Peaches Romaine/Green Leaf Salad Grape Tomatoes Cucumbers Black Beans	31	<i>Witches Fingers</i> <i>Mushy Mushy Goo</i> <i>Rolling Heads</i> <i>Zombie Snacks</i> <i>Monster Treat</i>		<i>This institution is an equal opportunity provider.</i>				

**Halloween
Nutrition Facts**

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